

Information

When completing the measurement form:

- Zip placement – for long leg pants the zip needs to be at the front if AFO's are worn. Shorts are normally open crotch and zips on the inside leg can be fitted upside down.
- Choice of fabric colour, reinforcement colour and thread colour must be identified using the SDO swatch.
- Choice of motif transfer, if required, must be identified and also indicate the position on the garment for the motif to be placed by completing the appropriate section on the form.

Measuring Guide *general guidelines to measuring (all measurements are in cm)*

Circumferential measurements (Blue)

- The tape should be wrapped around the body part and the measurement taken to skin without tension unless stated.

Length measurements (Orange)

- Make sure that the tape is lying against the skin but do not pull it.

The Points for Measurement for pants/shorts (as shown on the measurement form):

Top of shorts to knee Measure from the top of the shorts down side of body to knee

Top of pants to end of garment Measure from the top of the pants down side of body to end of garment

R & L22 *Down side of body from waist to knee or end of shorts.*

A Around umbilicus 1cm less than 'at rest' circumference.

D Down side from point level with umbilicus to Anterior Superior Iliac Spines (ASIS).

J Around point level with Anterior Superior Iliac Spines (ASIS).

R & L13 Around leg level with the groin and gluteal fold.

R & L13A Around mid-thigh 1/2 cm less than 'at rest' circumference.

R & L14 Around leg at supra patellar margin.

R & L15 Around knee joint (In line with mid patella).

R & L16 Around leg at upper margin of tibial tuberosity.

R & L17 Around bulk of calf 1/2 cm less than.

R & L18 Around mid calf - not the bulkiest part but at point of musculo-tendinous insertion of gastrocnemius if defined.

R & L19 Around upper margin of medial malleolus.

R & L20 Place end of tape into groin and measure to knee joint in line with mid-patella or required leg length if shorts.

R & L21 From knee joint in line with mid-patella to upper margin of medial malleolus.

Instep Around instep or waist of the foot (only if stirrup required).